

Infrared Sauna *Alternative* –

the BioMat



Universal Biomat

Infrared Sauna vs. the BioMat



- ✓ The BioMat is 1/3rd the cost of an infrared sauna.
- ✓ The BioMat requires NO additional space.
- ✓ The BioMat requires NO additional time in your day. Laying on the BioMat at night allows gentle detoxification while you sleep.
- ✓ The BioMat uses less power than an infrared sauna. It only costs 1 penny an hour, making it extremely energy efficient and much more cost effective than an infrared sauna.
- ✓ BioMats are portable. You can travel with them and move them from room to room. The Mini and Professional BioMats come with a travel bag.
- ✓ The BioMat has deeper Infrared Ray penetration. The BioMat can penetrate 6-8 inches into the body; whereas an infrared sauna penetrates about 2 inches.
- ✓ The BioMat offers Crystal Infrared technology, different from the sauna, in that the frequency is modulated by the amethyst crystals, which amplifies the bio-availability of the infrared rays.
- ✓ A typical infrared sauna usually has just 1 heat setting: very hot! Whereas the BioMat offers 8 heat settings, each with a different application for various conditions.

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- ✓ The BioMat provides additional therapy in the form of negative ions. Negative ions help stimulate serotonin production, allowing the body and mind to relax, assisting in sleep.
- ✓ The BioMat produces a 100 milligauss magnetic field to assist circulation in the body. This is the Safe and HEALTHY spectrum of the Electromagnetic Field.
- ✓ The BioMat is a registered FDA medical device.
- ✓ The BioMat has an EMI device which blocks harmful Electromagnetic Interference. Saunas do not offer this protection and produce EMF.
- ✓ Lying on the Bio Mat blocks surrounding EMF from entering your body.
- ✓ The head remains cool while the body warms from the inside out...radiant heat. This allows you to take higher therapeutic temperatures more comfortably and avoid heating the grey matter of the brain. In a sauna the entire head is exposed to extreme temperatures.
- ✓ The BioMat produces Far Infrared Rays and Negative Ions through a bed of Amethyst crystals unavailable in an infrared sauna.
- ✓ Negative Ion setting only allows for grounding and gentle detoxification for those heat- sensitive or during hot weather.
- ✓ The BioMat has multiple temperature settings.
 - When the temperature setting is placed on high, the BioMat can effectively be used in place of an infrared sauna. The high temperature settings allow you to sweat or Detox, as you would with an infrared sauna.
 - Lower settings offer deep relaxation, healing and recovery making the BioMat a much more versatile and valuable health device *the entire family can benefit from.*

For questions, please contact your Universal BioMat Representative.